SCROLLSAW WORKSHOP

WWW.SCROLLSAWWORKSHOP.BLOGSPOT.COM

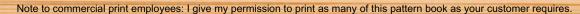
Digital Patterns Designed by Steve Good



Hundreds of free Patterns Stencil Printer Jigsaw Puzzle Templates DVD's Key Chain Pattern Printer Video Tutorials Reviews Community Forum and more.









You may use this pattern to make as many of the project as you like. You are free to use any technique including mass production to build the project. The pattern may be copied and given to others provided the entire book is kept intact. You may not sell the pattern or include it in another commercial package of any type.

Steve Good retains the right to the pattern. If you have any questions about the use of this pattern please contact me at steve@stevedgood.com

When printing this pattern it is important to print it full size. When you bring up the print dialog box look in the "Page Sizing & Handling" section. Make sure the "Actual Size" is selected before you hit print.

You also only need to print the page/s you need. After the print dialog opens look for the "Pages to Print" section. You can print the current page or a range of pages. This will help save ink by not printing the title/instruction pages.

Printing Instructions



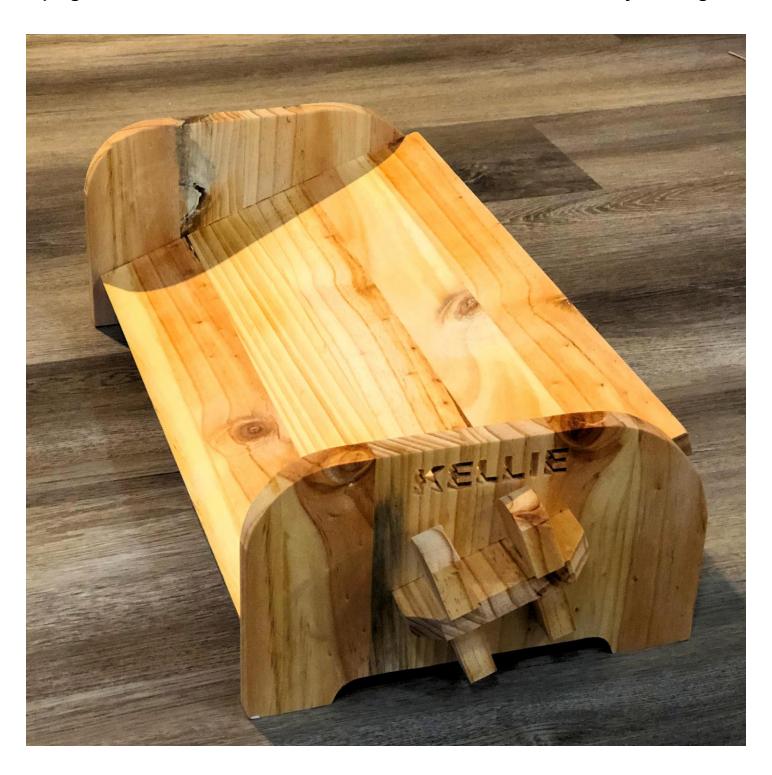


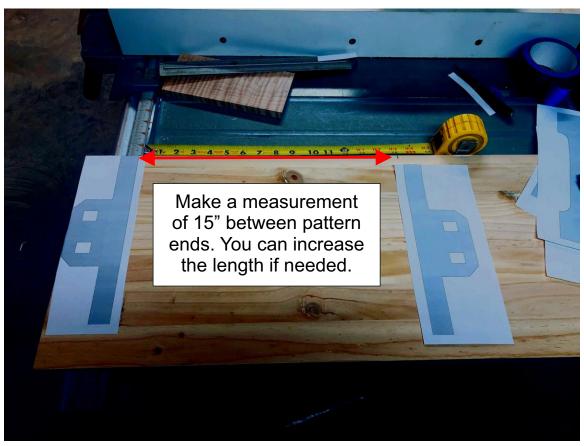
Under Desk Slanted Foot Rest

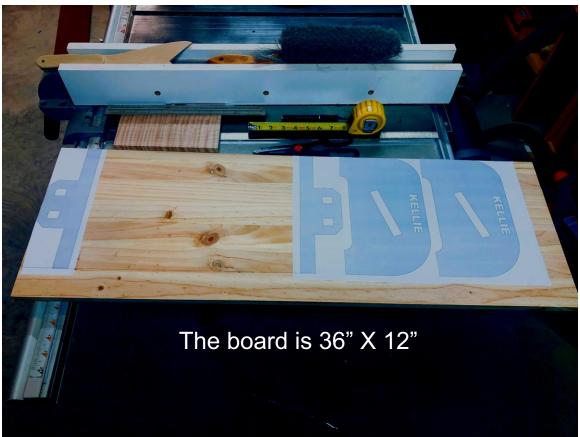


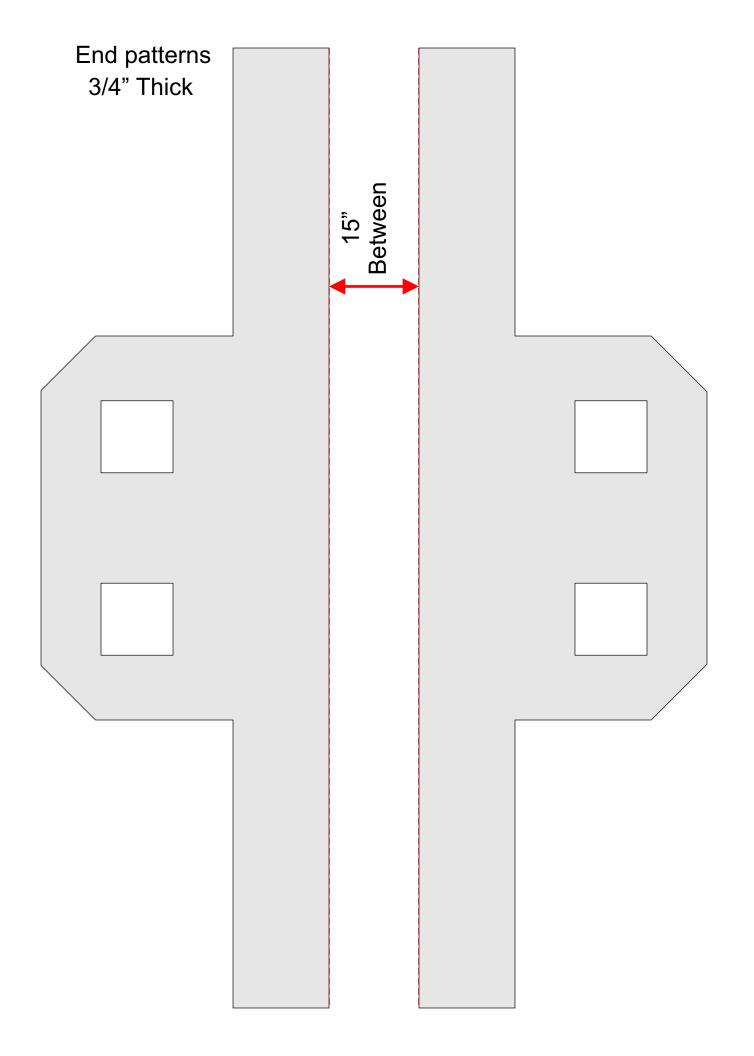
Some people who work at a desk all day suffer back muscle pain. Having a tilted foot rest can help improve your sitting posture and reduce the muscle fatigue.

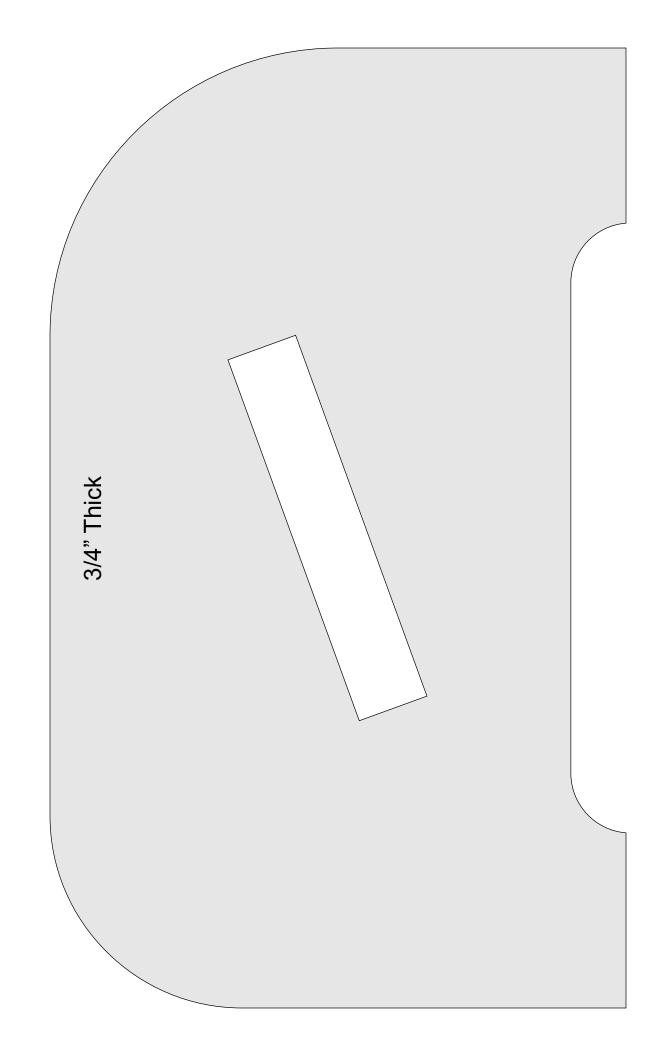
I used no glue. It is held together by two tapered pegs on each end. This allows for knock down and easy storage.

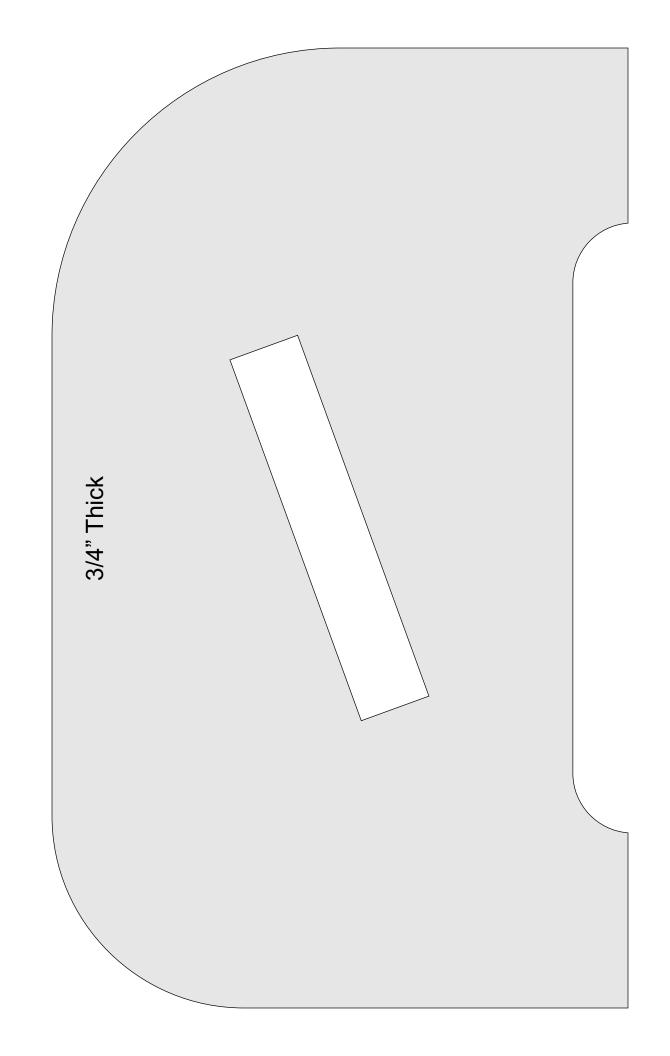




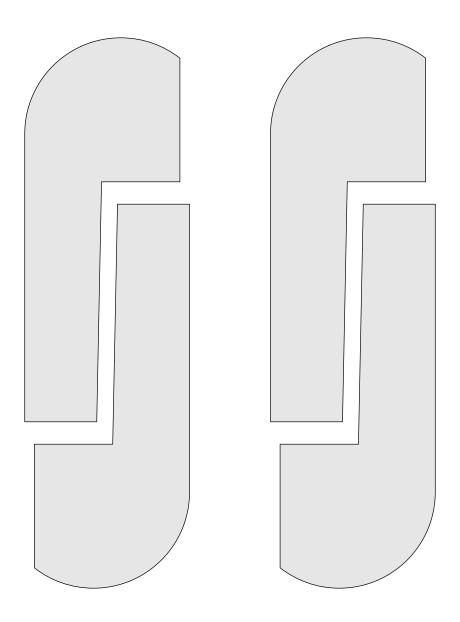








3/4" Thick



Cut outside the land and sand to a snug fit.